

2017 CN AWARDS

THE WINNERS

The CN Awards recognise the nutrition industry as a whole – individuals, groups and organisations that have gone above and beyond, making a significant, positive contribution to the nutrition profession.

Made up of 10 categories, the CN Awards provide the chance for all readers, advertisers and contributors of CN Magazines to come together to recognise the achievements of those whose great work has made a significant difference within the nutrition industry – whether an individual, group, or organisation.

The Geoff Simmonett 'Commitment to Patient Care' Award

Sponsored by Nutricia Homeward Nursing Service



Mhairi Donald

Macmillan Consultant Dietitian, Sussex Cancer Centre, Royal Sussex County Hospital, Brighton

"I am absolutely delighted to have won this Award. I feel passionate about supporting nutritional care and promoting quality of life by helping patients to overcome their food and nutrition problems and manage their nutrition impact symptoms. It is lovely to be recognised for my commitment to patient care. Many thanks to Shirley Williams for nominating me and to all who voted for me." **Mhairi Donald**

"The Nutricia Homeward Nursing Service would like to congratulate Mhairi Donald on being voted as the recipient of the 2017 Geoff Simmonett 'Commitment to Patient Care' Award by CN readers. Mhairi is truly dedicated to her patients – demonstrating commitment and compassion – and it is wonderful that Mhairi has been recognised with this Award."

Nutricia Homeward Nursing Service – www.nutricia.co.uk



Social Media Personality of the Year



The Rooted Project

Helen West & Rosie Saunt, Dietitians, The Rooted Project

"We are SO delighted to win this Award, especially as it's voted for by our peers. We started The Rooted Project just over a year ago with a view to creating a brand which not only makes evidence-based nutrition accessible to the public, but helps to raise the profile of Registered Dietitians and Registered Nutritionists in the public eye. Having the approval and support of other nutrition professionals is both extremely important to us and key to our success, so we want to say a big thank you to everyone who has supported us so far!" **Helen West & Rosie Saunt**

Paediatric Nutrition Professional of the Year

Sponsored by **Nutricia Early Life Nutrition**



Rachael Brandreth

Specialist Children's Dietitian for Weight Management, Royal Cornwall Hospitals Trust

"I am honoured and thrilled to have won this Award. I am lucky enough to work with a fab passionate and innovative team in Cornwall and feel privileged to volunteer with and learn from such great Dietitians in the BDA's Obesity Specialist Group. I'm also continually inspired by and thankful for the support of some great Dietitians and friends on social media. Without all of these people I would not be accepting this Award. Getting it right in the early years gives the foundation for happier and healthier lives in the longer term. Thanks to everyone who voted as it means a lot to me." **Rachael Brandreth**

"Congratulations to the Rachael Brandreth for winning the 2017 CN Award for Paediatric Nutrition Professional of the Year. The passion and dedication you have shown to paediatric nutrition is truly inspiring, even whilst on maternity leave! Your ability to engage and align such a wide range of stakeholders has no doubt contributed to the success of the many different projects you are involved in. We look forward to hearing more about the success of your weight management service as we start to see others benefit from the adoption of this service." **Nutricia Early Life Nutrition – www.eln.nutricia.co.uk**

NUTRICIA
Early Life Nutrition

Nutrition Resource of the Year

MyTube Website

<http://mytube.mymnd.org.uk>

"The whole MyTube Team are very pleased to accept this Award from Complete Nutrition. It is great recognition of not only the final resource, but also the methods used during its development. The current evidence about decision making prior to having a gastrostomy feeding tube placed was interpreted and presented under the expert guidance of our patients living with Motor Neurone Disease (MND) and their families. The collaborative process followed, allowed the relevant clinical information to be translated through the words of the patient themselves in a series of short films. We are so pleased that the health professionals who have voted for MyTube recognise the value of this resource, and we hope that they will continue to recommend it to patients living with MND who are making the decision about gastrostomy tube placement." **MyTube Team**



Clinical Nutrition Professional of the Year

Sponsored by **Yakult**



Professor David Sanders

Professor of Gastroenterology and Consultant Gastroenterologist, Royal Hallamshire Hospital & the University of Sheffield

"I am delighted and I can't thank enough all the people who took the time to vote for me"
Professor David Sanders

"Yakult is delighted to sponsor the 2017 CN Award for Clinical Nutrition Professional of the Year, and would like to extend a huge congratulations to Professor David Sanders on being this year's winner. Professor Sanders has made significant contributions to advancing gastroenterology research and, alongside his colleagues in the Sheffield Gastroenterology Team, they translate research into practice to truly improve the care and lives of their patients. We are pleased that this hard work can be rewarded.

Yakult would also like to pass on best wishes to all other nominees and Award winners, and to everyone involved in this year's CN Awards." **Yakult UK's Science Team – www.yakult.co.uk/hcp**

Yakult



Student of the Year

Sponsored by **nutrinovo**



Rosie Martin

Student Dietitian (C placement), Wishaw General Hospital, NHS Lanarkshire

"We are all acutely aware of the need to promote evidence-based information in a sea of misinterpreted nutrition science, so when I came across an opportunity to do exactly this I was compelled to get involved! I was delighted to help educate a well-renowned school on the importance of seeking evidence-based information for their pupils, with the additional support of Media Dietitian Sian Porter, and the British Dietetic Association.

I am both surprised and delighted to have been acknowledged for this work and consider receiving the CN Student of the Year Award an immensely valued bonus at the beginning of my new career. I would like to thank the Dietetic Team at Wishaw General Hospital in Lanarkshire for nominating me, as well as everyone who took the time and consideration to vote." **Rosie Martin**

"nutrinovo are delighted to extend our congratulations to Rosie Martin on winning the 2017 CN Award for Student of the Year.

Rosie received the most votes in this category thanks to her work around helping to educate other students (albeit younger ones) about healthy eating using evidence-based, factual information.

As the company behind unique products such as ProSource and new HyFiber, providing evidence-based nutrition is exactly what nutrinovo is about, which is why we continue to sponsor this particular CN Award year after year - it helps to recognise those who will continue to take the profession forward into the future." **nutrinovo - www.nutrinovo.com**



New Product of the Year

Fortini Compact Multi Fibre

Nutricia Medical - www.nutricia.co.uk

"We are absolutely thrilled to have won the CN New Product of the Year Award for Fortini Compact Multi Fibre. It is one of the biggest innovations in paediatric medical nutrition, which has the potential to significantly impact clinical practice in the UK as it has been shown to significantly improve compliance and intakes of energy and protein to support good growth. We have had great feedback to date, with dietitians and patients alike loving the taste and excited to see the difference it will make to their patients. Thank you to all our loyal customers for voting for us."

Eimear Gorman, Senior Brand Manager Faltering Growth UK, Nutricia Medical



Community Nutrition Professional of the Year

Sponsored by **Alflorex**



Michelle Dewar

Team Leader - Nutrition & Wellbeing Team, Hertfordshire Independent Living Service

"I was so surprised to be shortlisted for this fantastic Award and completely shocked to find that I had won, especially considering the other nominees who have done some great work! I am super grateful to everybody who voted for me."

"Alflorex, the Number 1 Gastroenterologist recommended probiotic in the US, is delighted to congratulate Michelle Dewar on winning Community Nutrition Professional of the Year 2017" **Alflorex - www.alflorexbiotics.com/uk**



CN Writer of the Year



Sian Porter

Freelance Consultant Dietitian

"I am honoured and delighted to have won the CN Writer of the Year Award, especially with stiff competition from the other nominees, Catherine Jones and Jenny Rosborough, both excellent and informative contributors. I would like to thank the CN Team for nominating me and the readers for taking the time and effort to vote for me. As a regular reader of CN my discussion article was prompted in part by a CN editorial by Lynne Garton and related activity on Twitter. A year on the noise of nutrition nonsense is louder than ever and the response from nutrition health professionals remains the responsibility of all - to sort the fact from the fads, to be visible, to be relevant, to be engaging and to be informed." **Sian Porter**

"Within Sian's CN article, Sian recognised the great importance of protecting the public against incorrect and misleading nutritional messages distributed by the unqualified. Further, Sian highlighted the role and responsibility that qualified nutritional health professionals have in clearing up fact from fiction. On behalf of The CN Team, I would like to congratulate Sian Porter on being voted by CN readers as the 2017 CN Writer of the Year." **Faye Telford-Penfound, Publisher of CN Magazines, Complete Media & Marketing**

Outstanding Achievement

Sponsored by Abbott



Vera Todorovic

Consultant Dietitian, PENG

"I was genuinely surprised but absolutely delighted to receive this prestigious Award. I have always felt privileged to have worked in the dynamic, fascinating and interesting field of clinical nutrition and to have been a part of so many important initiatives for the benefit of patients. It is a very gratifying feeling to be recognised in this way and I would like to thank all those individuals that were kind enough to vote for me."

Vera Todorovic

"Abbott would like to recognise Vera Todorovic, voted this year's winner of the Outstanding Achievement Award by Complete Nutrition readers. Vera has made a significant contribution to the dietetic profession in the field of nutrition support for more than 20 years. She is known for her drive to promote post-graduate education and resources, such as the PENG Pocket Guide, a collection of evidence-based practice guidelines used daily by dietitians in clinical practice, research and those in academia. Vera was also involved in the development of BAPEN's 'MUST' nutritional screening tool. Congratulations Vera on your lifetime commitment to the prevention and management of malnutrition and your dedication to ensuring high standards of care for the dietetic profession."

Rebecca Stevenson, Medical Director, Abbott's nutrition business - www.abbott.co.uk



We would like to take this opportunity to acknowledge all the shortlisted individuals too; to be nominated for a CN Award should be recognised and acknowledged.

In the November issue of CN, we will be sharing photos from the 2017 CN Awards Winners presentation, along with announcing the nomination process for the 2018 CN Awards. Again, thank you to all who have been involved - sponsors, nominators, nominees and all the readers of CN Magazines.

The CN Awards are *your* Awards to recognise *your* profession.

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