

# 2018 CN AWARDS

# THE WINNERS

The CN Awards recognise the nutrition industry as a whole – individuals, groups and organisations that have gone above and beyond, making a positive contribution and significant difference to the nutrition profession.

The CN Team would like to thank everyone who has been involved in this year's Awards – sponsors, nominators, nominees and all the readers of CN Magazines. Your combined support is what makes the CN Awards so successful. Here we reveal this year's winners...

## The Geoff Simmonett 'Commitment to Patient Care' Award

Sponsored by Nutricia Homeward Nursing Service



### Claire Abbott

Macmillan Oncology Dietetic Assistant, Royal Surrey County Hospital

*"Thank you to everyone who voted for me, I was astonished when I found out that I had won.*

*My job is a joy; I look forward to coming to work. I came to the Dietetic profession late in my working life.*

*The highlight was coming into a brand new role and helping it develop and grow. I work within a very*

*close-knit team that is both supportive and innovative. The role of the Dietetic Assistant is important.*

*I can help focus on developing, linking and expanding the excellence of care given to patients and relatives living with a cancer diagnosis.*

*I have come to realise that nutritional challenges are often more complex than simply advising about food and fluids. A large part of the role is based around the psychological issues that affect appetite and I really enjoy offering that support. It really feels like I am making a difference."* **Claire Abbott**

*"The Nutricia Homeward Nursing Service would like to congratulate Claire Abbott on being voted as the recipient of the 2018 Geoff Simmonett 'Commitment to Patient Care' Award by CN readers. Claire provides reassurance and support to her patients and ensures that they get the care they deserve. It is fantastic that Claire has been recognised with this Award."*

Nutricia Homeward Nursing Service – [www.nutricia.co.uk](http://www.nutricia.co.uk)



## Clinical Nutrition Professional of the Year

### Bruno Mafrici

Senior Specialist Renal Dietitian and Team Lead, Nottingham University Hospitals NHS Trust

*"I am very pleased and honoured to have won this award. It is such a privilege to be recognised for my recent achievements. I would like to thank the Dietetic and Nutrition Department at the Nottingham University Hospitals (NUH) NHS Trust for my initial nomination. Also, I would like to thank all those people who took their time to vote for me, especially the Renal and transplantation unit at NUH, Therapy services at NUH, the Renal Nutrition Group, the Parenteral and Enteral Nutrition Group, the University of Nottingham, Birmingham City University and all my followers on Twitter."* **Bruno Mafrici**



## Nutrition Resource of the Year

### PENG Clinical Update Course

Parenteral and Enteral Nutrition Group (PENG) a specialist group of the British Dietetic Association (BDA)

"On behalf of the tutor team past and present I would like to thank the readers of Complete Nutrition for taking the time and effort to vote for the PENG Clinical Update Course. From its inception in 1985, through to gaining Masters Level Status in 2010, it has grown from strength to strength and remains an essential course for nutrition support dietitians wishing to improve their knowledge and skills." **Dr Alison Culkin, on behalf of PENG Clinical Update Course Team**



## CN Writer of the Year

Sponsored by Fresenius Kabi



### Harriet Smith

Registered Dietitian and former CN Student Columnist and Student – Nutrition & Dietetics BSc, King's College London

"I would like to pass on my thanks to the fantastic team at CN for nominating me for this prestigious award and to the CN readers who not only read my column but also voted for me! We established the student column 18 months ago and I have thoroughly enjoyed working alongside the CN team during my role as Student Columnist. It was a fantastic learning experience which has shaped the first steps of my career as a Registered Dietitian, and I look forward to seeing where this next chapter takes me." **Harriet Smith**

"Fresenius Kabi is delighted that Harriet Smith, in her role as CN's Student Columnist, has been selected as the winner in the 2018 CN Award for 'CN Writer of the Year'. Recently qualified as a Registered Dietitian, Harriet has delivered an informed and fresh perspective in her articles. As part of our commitment to improving Enteral Feeding across multiple care settings, Fresenius Kabi is committed to improving communication between all stakeholders so that the patient receives the best possible nutritional care. It is for this reason that Fresenius Kabi is proud to sponsor this year's 'CN Writer of the Year' and wishes to congratulate Harriet on this Award and her achievement." **Fresenius Kabi – [www.fresenius-kabi.co.uk](http://www.fresenius-kabi.co.uk)**



## Paediatric Nutrition Professional of the Year

### Nicola Burns

Paediatric Enteral Nurse Specialist, Nutricia AMN

"Wow, I can't quite believe I have won! I feel very, very grateful for the nomination and of course winning. It is so nice to be recognised for my contribution to our team. I have a great job, within a great team and of course wonderful patients. Again, really grateful and thank you for the votes, so happy to have won." **Nicola Burns**



## New Product of the Year

### PINNT/TeamTAG 'Medical Tag'

Patients on Intravenous and Naso-gastric Nutrition Treatment (PINNT)

"On behalf of PINNT and TeamTAG, I would like to thank the readers of CN Magazine for taking the time to vote for us. Learning that we have won New Product of the Year was truly overwhelming. Knowing our resource was deemed worthy of your vote means so much to us. We will continue to develop our product and offer it free of charge to PINNT members. Well done to all those who were shortlisted and other CN Awards winners."

**Carolyn Wheatley, Chair of PINNT**



## Student of the Year

Sponsored by **nutrinovo**



### Katie O'Sullivan

Final year student of nutrition and dietetics, Trinity College Dublin/Dublin Institute of Technology (DIT)

*"I commenced my final year dissertation titled 'Survey of Irish Dietitians' Attitudes and Experiences of Blended Tube Feeding in Paediatrics' last January and could never have anticipated the magnitude of interest in this topic and the incredible support I would receive from the dietetic community.*

*I was both surprised and delighted upon learning that I had been awarded CN Student of the Year and I feel honoured to have been considered among nominees of such high calibre. I would like to express thanks to Siobhán Quigley for the nomination, my supervisor Sheila Sugrue of DIT, Mairéad O'Sullivan and Anna Delahunt, and the INDI and BDA Northern Ireland for their distribution of the survey. I would also like to acknowledge my college lecturers, placement educators, classmates and colleagues for their encouragement and support. Finally, a huge thanks to everyone who took the time to vote."*

*"Congratulations to Katie O'Sullivan for her well-earned award.*

*We are delighted to be sponsoring this prestigious CN Award for the 7th year running. As the company behind the innovative and ever-growing 'ProSource' and 'HyFiber' range of products, we know how important it is to be recognised and stand out from the crowd. That's why we are thrilled that Katie is already being recognised as standing out from the crowd as one of the leading nutrition students of today.*

*Nutrinovo would also like to pass on best wishes to all other nominees and winners of this year's Awards."*

**Ian Hulks, Director, Nutrinovo - [www.nutrinovo.com](http://www.nutrinovo.com)**



## Community Nutrition Professional of the Year

Sponsored by **Yakult**

### Northern Trust led - Regional Prescribing Support Dietetic Team, Northern Ireland

**The team: Marie-Claire Kane (Team Lead), Fiona Hegarty, Kathryn Duff, Aileen O'Hagan, Elizabeth Armstrong (Prescribing Support Dietitians), Ursula Quinn and Margretta McCully (Prescribing Support Assistants), Northern Health & Social Care Trust**

*"We are absolutely delighted to have won the award for Community Nutrition Professional of the Year.*

*It is made more special being voted for by our peers. We are proud to promote the great work of dietetics in Northern Ireland. The team would like to thank everybody that took time to vote.*

*As a team we are passionate about the prevention and management of malnutrition in the community, to be recognised for our work means so very much."* **Northern Trust led - Regional Prescribing Support Dietetic Team, Northern Ireland**



*"Yakult is delighted to sponsor the 2018 CN Award for Community Nutrition Professional of the Year, and would like to extend a huge congratulations to the Northern Trust Led - Regional Prescribing Support Dietetic Team on being this year's winner.*

*The team have gone above and beyond to deliver patient-centred care by promoting the safe and effective prescribing of oral nutrition supplements to help reduce malnutrition often through innovative approaches.*

*One of these approaches included the development of a pilot project which explored the use of virtual clinics. The feedback received has been so positive that there are plans to try this across more regions in Northern Ireland. We are pleased that the teams hard work can be rewarded.*

*Yakult would also like to pass on best wishes to all other nominees and Award winners, and to everyone involved in this year's CN Awards."* **Yakult UK's Science Team - [www.yakult.co.uk/hcp](http://www.yakult.co.uk/hcp)**





## Social Media Personality of the Year



### Louise Robertson

Specialist Dietitian in Inherited Metabolic Disorders (Adults), Queen Elizabeth Hospital Birmingham, University Hospitals Birmingham NHS Foundation Trust

*"What a surprise and honour to be nominated by Sian Porter and then to win after being up against the amazing competition – Rob Cronin and Peter Collins! There are so many great dietitians and nutritional professionals who are leading the way on social media and I hope I can inspire more to be there!"*

Louise Robertson



## Outstanding Achievement

Sponsored by Abbott

### Dr Alison Culkin

Research Dietitian, St Mark's Hospital

*"I was thrilled and thankful to have been nominated by Rhys White who is a joy to work with on the PENG Clinical Update Course. I am overwhelmed that readers took the time and effort to vote for me, especially with such steep competition. I am lucky to be part of many different teams who have encouraged and supported me over the years. If I look back over the last twenty years I have worked at St Mark's, it is fantastic to see the impact that nutrition support dietitians can make to patient care and that now we are able to prescribe the life-saving artificial nutrition support we recommend. What a great time to be a dietitian!"* **Dr Alison Culkin**



*"Abbott would like to recognise Dr Alison Culkin, voted this year's winner of the Outstanding Achievement Award by Complete Nutrition readers. Alison has made a significant contribution to the dietetic profession for over 20 years, by caring for patients with complex nutritional needs, and through extensive research and teaching. Alison has written chapters on intestinal failure for several textbooks, papers and abstracts and teaches nationally and internationally. She is the clinical lead for parenteral nutrition for the Parenteral and Enteral Nutrition Group (PENG) committee (a specialist group of the British Dietetic Association, BDA) and is a course leader for the PENG Clinical Update, which is a Master's level course on artificial nutrition support. She represents the dietetic profession on the British Intestinal Failure Alliance (BIFA) committee and last year she became the first registered dietitian to qualify as a supplementary prescriber.*

*Congratulations Alison on your commitment to patients and advancing the dietetic profession throughout your career."*

Rebecca Stevenson, Medical Director, Abbott's nutrition business – [www.nutrition.abbott/uk](http://www.nutrition.abbott/uk)



## Congratulations to all the 2018 CN Award winners and compliments to all those that were shortlisted.

In the November issue, photos from the 2018 CN Awards Winners presentation will be shared, along with details on how to nominate for the 2019 CN Awards.

Once again, thank you to everyone involved in this year's Awards – sponsors, nominators, nominees and all the readers of CN Magazines.

**The CN Awards are *your* Awards to recognise *your* profession.**

Sponsored by...

